

ACP SOUNDS

Andre Clark - Andre is native of Cleveland, Ohio, and was the first Marine Corps guitarist to graduate from the Naval School of Music. Andre has played with the late Mr. Marvin Gaye and has opened shows for Hank Williams Jr. in



Tokyo, Japan. He has over 35 years in the Music Business.

Carol Meenen - Carol is a native of Gurley, Alabama. Carol is a mentor for younger PD patients, and has organized and held annual fundraisers for four years to benefit PD and help find a cure. She is also the Senior Advisor for newly diagnosed patients for PAN. Carol retired from the US Government after 30-1/2 years of services.



Pamela Clark - Pam is a native of Tampa, Florida. She works diligently to help raise the reading level of students through tutoring as well as mentoring young ladies with life challenges. Pamela has also served as the co-chair for a United Way Campaign. She has over 12 years in Business Administration.



MISSION STATEMENT

Our mission is to provide quality productions which reflect the professional standards of today's entertainment as well as committing ourselves with pride and a strong dedication of giving generously to Parkinson's disease research.



**2008 PAN Forum, Washington, DC
Andre Clark, Carol Meenen, Pamela Clark**

WHAT IS PARKINSON'S OR PD?

Parkinson's disease is a degenerative disorder of the central nervous system that often impairs the sufferer's motor skills and speech. Parkinson's disease belongs to a group of conditions called movement disorders. It is characterized by muscle rigidity, tremor, a slowing of physical movement (bradykinesia) and, in extreme cases, a loss of physical movement (akinesia)

Parkinson's was named after Dr. James Parkinson, a London physician who was the first to describe it in 1817.



**Faces of
Parkinson's**
Carol Meenen and
Judy English



**WELCOME
TO THE EVER SURPRISING
PARKINSON'S DISEASE WORLD!**
by Carol Meenen

When I was diagnosed with this illness, I decided that I would make the best of it and try to do things for the good of us all. So here I am trying to raise funds for research to help find a cure. I remember that day like it was yesterday. My Mother was with me and we both cried, and I asked why me and my doctor said why not you? Immediately, I decided to do something positive to hopefully generate funding for this research to help find the cause and cure for this miserable illness. So this project is how it all transpired.

I attend at least one or more PD events a month. I have met so many wonderful folks who deal with this disease daily, and we all want to improve our quality of life. So I pondered how do I do this. (over)

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Janet Reno and Carol Meenen at PAN meeting in Washington, DC

I decided to use my creative ability and write poetry about my friends. One of my first poems was about a friend who was chastised abusively by her Mother. This had deeply affected her life and on the occasion of her moving to another state, I wrote a poem to reassure her we were friends for life.

After I realized what these poems meant to everyone, I continued with my therapeutic writing. That sounds like a good name for it. It not only helped me, but it was comforting to them. Some would ask me to write them a poem about their life, and I would interview them to obtain more personal information pertaining to their lives. This way I could include the names of their children, parents, favorite pets, etc. and make it more personalized.



We plan to donate a generous portion of all the funds that we collect from the sell of our product. Our intent is to sell a CD for PD - Songs of Love and Hope.

The songs were created from poetry written by me and Andre Clark composed the awesome music of ACP Sounds. I am trying to use my talents to bring in a considerable amount of funds, and a portion of these funds will be used for Parkinson's disease research to help find a cure. I hope you will help us in our endeavor.



Carol Meenen and Lonnie Ali at YOPN Conference in Chicago

A Special Thanks

We would like to extend a warm, sincere thank you to all of our supporters and to the team of ACP Sounds who helped pull the Parkinson's project together. Without you, we could not have achieved our goal. There is no doubt that our recent achievements will be spoken of for some time to come and that the admiration for our accomplishments is felt by all of us within the organization as well as the general public.

Love and Best Wishes,
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As Many as **1 Million**
Americans Suffer
from **Parkinson Disease (PD)**



TOGETHER

WE CAN MAKE

A DIFFERENCE